



## **PROCEDURE FOR FLUSHING YOUR CATHETER WITH SALINE ONLY**

### **SUPPLIES:**

- Sodium Chloride (Saline) pre-filled syringe for each lumen of your catheter
- Alcohol wipe or antiseptic wipes

### **PROCEDURE:**

1. Clean work area. Wash hands thoroughly. Gather supplies.
2. Prepare your prefilled syringes for flushing your IV Catheter as instructed by your nurse.
3. Clean the injection cap on the end of your IV catheter with an alcohol/antiseptic wipe vigorously for 30 seconds and air dry for 60 seconds.
4. Attach a prefilled Sodium Chloride/Saline syringe to the injection cap of your IV catheter and flush the IV catheter as instructed by your nurse.
5. Disconnect the syringe from the injection cap of your IV catheter and discard.
6. Repeat steps 3-5 for each lumen.

**All supplies and waste can be double bagged and disposed of with your household garbage.**